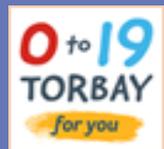


Children and Young People's Overview and Scrutiny Sub- Board Spotlight Review on CAMHS

Torbay Local Area Partnership

7th December 2023



Torbay Local Area Partnership introduction

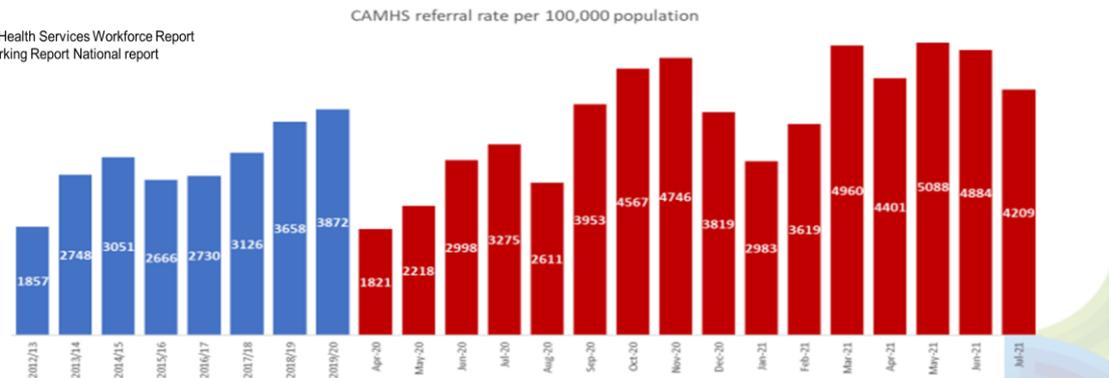
- The 'Local area partnership' refers to those in education, health and care who are responsible for the strategic planning, commissioning, management, delivery and evaluation of arrangements for children and young people with SEND who live in a local area.
- A 'local area' is the geographic footprint of a local authority.
- When evaluating the local area partnership, inspectors focus mainly on how effectively the local authority and integrated care board (ICB) jointly plan, evaluate and develop services for children and young people with SEND. However, they also consider the duties of other area partners, which are set out in the Children and Families Act 2014 and described further in the SEND code of practice.
- Torbay's Local Area Partnership is made up of the following agencies:
 - 0-19 Torbay
 - Child and Family Health Devon
 - Torbay and South Devon NHS Foundation Trust
 - Torbay Council



Children and Young People Mental Health Context

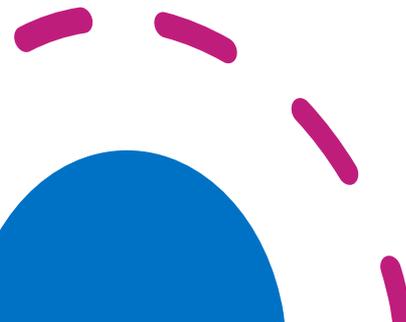
- Children's health care provision is subject to wide range of legislation, national policy drivers and inspection regimes, impacting each children's services sector (Health, Education, Social Care, Voluntary Sector) and on the requirements placed on all partners in the children's systems
- These requirements are set within context of current evolving NHS architecture as detailed in the Health and Care Act 2021
- CYP MH is one of the fastest growing specialties in healthcare with referrals per 100,000 population doubling over the 8-year period from 2012/13 to 2019/20.
- The prevalence of mental disorder in children and young people is increasing: for 7-16 year olds, prevalence has increased from 12% in 2017 to 18% in 2022 and for adolescents aged 17-19 years old, prevalence has increased from 10% in 2017 to 26% in 2022

Source: Children and Young People's Mental Health Services Workforce Report for Health Education England; NHS Benchmarking Report National report November 2021



Torbay Local Area Partnership – Children & Family Health Devon (CFHD)

- CFHD was established in April 2019 with services being provided across Devon and Torbay for children and families.
- Child and Adolescent Mental Health (CAMHS) Torbay has joined colleagues in CAMHS South Devon, Eastern Devon and North Devon to form a county-wide Service for the whole of Devon (excluding Plymouth).
- The Torbay CAMHS Service provides assessment and treatment for mental health conditions to children, young people, aged 0-17 years, and their families/carers.
- Support is offered to professionals, such as school staff, GPs and school nurses who are working with children and young people within Torbay.
- The CFHD service is part of a wider, comprehensive agency network which helps to promote the importance of good mental health and ensure that children's mental health is everyone's business.



Health Provider Services in Torbay – who provides which service?

These are the core health services in Torbay. More detail can be found on the service websites.

<p>0-19 Torbay Universal Services</p>  	<p>Children and Family health Devon (CFHD) Specialist Community Services at school/home</p>  <p><small>provided by Torbay and South Devon NHS Foundation Trust and Devon Partnership Trust</small></p>	<p>Paediatrics & Child Health Acute and Outpatient at Torbay Hospital</p> 
<p>Public Health Nursing Health Visiting Family Hubs First level Bladder and Bowel advice Sleep Hygiene workshops (5-19yrs) Developmental Review check Language Identification Measure; assessment of low-level speech & language Action for Children; Let's Talk & Play</p>	<p>Community Nursing at home Special Schools Nursing Learning Disabilities Speech & Language Therapy Physiotherapy Occupational Therapy Autism Assessment Service Infant & Early Years' Service CAMHS (including ADHD if mental health support is needed) Mental Health Support Team in Schools Children in Care Safeguarding *CFHD services are changing names; detail on the next page.</p>	<p>0-18 Outpatient Services for; Epilepsy Rheumatology Endocrine Community Paediatrics Neurodiversity Pathways including ADHD with no mental health service needed) General Paediatrics (ward follow up/rapid access) Haematology Diabetes Renal Cardiology Neuromuscular Neurology Respiratory Rapid Access Neonatology Eating Disorder Gastroenterology Chronic Fatigue Child Protection Allergy Children in Care Safeguarding Special Care Baby Unit 0-18 Short Stay Assessment and Inpatient Units</p>
<p>All health organisations include specific specialities around Safeguarding and Children in Care for their services and organisations.</p>		

Torbay Local Area Partnership - Health Providers

Children and Family Health Devon

Current and future provision



Existing services	New clinical pathways
Speech and Language Therapy	Speech, Language and Communication
Occupational Therapy	Physical & Sensory
Physiotherapy	
Children's Community Nursing	Children's Community Nursing
Learning Disability	Specialist Learning Disability
Specialist Child Assessment Centre	Early Child Development
Autism Assessment Service	Neurodiversity
Children in Care	Addressing Adverse Childhood Experiences (ACE)
CAMHS	Mood, Emotions, Relationships
Eating Disorders	Eating Disorders
Managing Risk	Urgent Care
Mental Health in Schools Service	Mental Health in Schools Service

In addition to the core services, Cfhd delivers additional services via Service Level Agreements

Torbay Local Area Partnership - CFHD

Torbay Local Area Partnership – Local Authority

TORBAY COUNCIL

- Torbay is an area with high levels of vulnerability across all three of its towns
- 27% of Torbay residents live in the 20% most deprived areas in England and has the second highest rate of ‘Cared for Children’ in England,
- Children, young people and their families rightly expect high quality services, particularly in times of need.
- Our ambition is for children and their families to benefit from good or better services in which they have ‘a voice’ and become fully involved remains strong and central to all that we do.
- An area of priority for Torbay’s Continuous Improvement Board is ‘effective partnership practice’ - this includes a focus on:
 - *‘Life chances for children will be supported by early intervention, with a particular focus upon their holistic health needs.*
 - *Ensuring improvements are made in mental health and care services for Children and Young People’*
 - *‘In conjunction with partners identify resources and take steps to jointly commission services required to meet the emotional well-being needs of children...’*

Torbay Local Area Partnership – Local Authority

TORBAY COUNCIL

- As a local area partnership, we have identified areas where we are working together to provide targeted support – these are as follows:
 - Children that are cared for
 - Care experienced children
 - Children with ECHPs
 - Children that are EHE
 - Children with Social, Emotional and Mental Health needs
- We provide partnership support in the following ways:
 - Via our Family Hubs
 - Via our Youth Services
 - Via our Vulnerable Pupils Service
 - Via the Voluntary and Community Sector
 - Collaboration as a partnership to deliver for children with SEND

Local
Authority /
ICB
working
relationship

- Children's services are a priority area of focus for the Devon Integrated Care Partnership and Board
- This includes all areas of Children's need across health and care
- There is a consistent acknowledgement of the need to focus more broadly on Children's Emotional Well-Being and Mental Health, and not only on those Children who need more specialist Mental Health provision



Torbay Local Area Partnership - Public Health

Torbay is significantly higher than England for:

- % of SEN pupils with social, emotional and mental health needs
 - % of pupils who are persistently absent
 - % of pupils with permanent exclusions
 - Rate of self-harm hospital admissions
 - Rate of eating disorder admissions
 - Rate of suicides (all age groups)
- 

Feedback from Children, Young People and Families

- Lack of specialist staff and support
- Not enough support to meet differing needs
- Waiting times
- Capacity for more staff and panels
- Support for transition into adulthood
- Inadequate and lack of mental health support
- Incorrect care provided
- Inaccessible provision
- Long waiting lists
- Inadequate CAMHS support
- Issues with suicide rates
- Organisational failures, lack of transparency and accountability
- CAMHS not correctly commissioned
- Inequality of access across schools
- Lack of post diagnostic autism service
- Difficulty accessing services
- Difficulty in challenging decisions/professionals
- Lack of investment
- Confusion with NHS services
- Separate services for ADHD and Autism